



# Vanessa Parker

Speaker, Coach  
& Facilitator

Vanessa is a highly sought-after speaker, life coach, and leading voice in personal growth & managing anxiety. She is a renowned inspirational speaker and founder of PinkBoss, a company dedicated to helping women disrupt behaviors and live the life of their dreams.

Now she is on a mission to help others find harmony in both their personal and professional lives. She does this through facilitation and workshops and will be a great asset to your next event.

## SIGNATURE TOPICS

- ✓ Calming the Chaos
- ✓ Wellness and Self-care
- ✓ Managing Anxiety and Overwhelm
- ✓ Combating Imposter Syndrome
- ✓ Prioritizing Mental Health in the Workplace
- ✓ Breathwork and Meditation

Visit [bit.ly/VanessaPSpeaks](https://bit.ly/VanessaPSpeaks) for booking inquiries